

Making the most of your KONG®

Reserve your dog's KONG as a special treat that he gets ONLY when he's left alone or in the crate. You can stuff KONGs with all kinds of tasty treats. The key is to freeze the KONG and give to your dog when it's time to leave him. We want the KONG treat to be so special that your dog can't wait for you to leave so he can finally enjoy his treat!

BEST KONG FILLERS

- Kibble
- Canned dog food
- Baby food
- Peanut butter
- Broth (will harden in freezer)
- Cooked white rice
- Mashed potatoes
- Oatmeal
- Yogurt (plain, low-fat)
- Cheese
- Cottage cheese
- Eggs
- Chicken
- Turkey
- Fish
- Sweet potato
- Pumpkin
- Broccoli
- Carrots
- Squash
- Green beans
- Apples
- Bananas
- Melon
- Oatmeal

FOODS TO AVOID

- Chocolate
- Grapes or raisins
- Onions
- Garlic
- Chives
- Citrus fruits
- Caffeine
- Cherries
- Avocado
- Nuts, especially Macadamia
- Salt & sugar
- Raw eggs
- Bread dough

KONG TIPS

- Top-rack dishwasher safe. Clean often.
- Keep in mind your dog's overall caloric intake and introduce new foods slowly to avoid stomach upset.
- Mix and match dog-safe ingredients.
- Freeze between uses.
- Give your dog the KONG when he is alone. Return the KONG to freezer when you return.
- Choose the size your dog will grow into.
- Consider having 2 KONGs in rotation.